

Gomde, Lindholme Hall
Newsletter

November 2010

Dear Friends,

November at Gomde, Lindholme Hall has seen some 'real' weather, storms, winds, sharp frosts as well as crisp clear skies and the beautiful colours of the autumn foliage.



The residents here at Gomde have the great good fortune to be accessing, online, Chokyi Nyima Rinpoche's annual seminar from Ka Nying Shedrup Ling monastery in Nepal. A semi retreat

atmosphere is slowly pervading the Hall as the blessings of the lineage and teachings come shining through. Rinpoche is teaching on The Lamp of Mahamudra by Mipham Rinpoche- which is pithy, practical advice on the nature of mind for 'city yogis', those who have little time but strong inclination to the Dharma. For further information about the seminar and other online teachings visit www.dharmasun.org

Planning Permission

We have wonderful news to share with you all. Gomde Lindholme Hall has been granted planning permission by Doncaster Borough Council for

Change of Use of Lindholme Hall

for use as a Buddhist Centre for mediation and teaching.

This provides a sound legal basis for all future activities here and so we are completely delighted!

Buddha Shayamuni Retreat



Lama Oser, one of the senior monks at Ka Nying Shedrup Ling visited Gomde on 22nd October to lead a week end Buddha Shakyamuni retreat. The atmosphere was warm and peaceful and Lama Oser's teachings were fresh and inspiring. We hope Lama Oser will return in 2011 to help deepen our understanding and support our practice.

October/November Work Retreat



As Lama Oser left on his return journey to Kathmandu, an enthusiastic group began a work retreat clearing the woodland- taking care of the land's precious habitat to encourage rare species of plants, insects and birds with the added bonus of providing wood for our open fires. Happy



cooks supported the wood land workers and all unfolded in the sunshine (and rain!) with good humour and hard work.

We now have some paths through the woodland and a healthy supply of wood. Lama Oser informed Chokyi Nyima of the great energy of the students here at Lindholme Hall!

Future Practice/ Work retreats to be held at Gomde 29th December and mid February 2011- please see Events for further information or email

national@gomde.org.uk



Birthday Celebrations

On 6th November we celebrated our 1st anniversary with a tea party – a table laden with delicious home made cakes of all descriptions. We were joined by many old friends and new people who have followed our progress and decided to accept our invitation for tea. The bright sunshine encouraged many to explore the magical land surrounding the Hall.

Heating for the new Meditation Hall

As many of you are aware the new meditation hall was completed this summer. However until recently it remained unheated and this created a number of problems; the hall could only be used during the warmer months and the precious texts on the shrine (the Kangyur- words of the Buddha and Chokling Tesar Lineage texts) given by Chokyi Nyima Rinpoche in September 2010, would be kept in unsuitable conditions.

To enable us to use the meditation hall year round and to protect texts on the shrine from damage from cold or damp, we have invested in a heat exchange unit to heat the meditation hall. This is currently one of the most efficient ways of heating and is in line with the policy of Rangjung Yeshe UK to make Gomde, Lindholme Hall a truly environmentally friendly centre. More news about our environmentally friendly policy in our next news letter...

Supported Retreat

Now that the meditation Hall can be used all year, we have decided to make the teaching /practice room in the house available for individual supported retreat or semi retreat. The room is quiet, south facing, with wonderful far reaching views of the land and has a large shrine. Chokyi Nyima Rinpoche taught and practiced in this room during his visit in January 2010 and the room's atmosphere reflects this. Students who would like more information should contact Paulette 01302 842503 or national@gomde.org.uk

Retreat Hut

With the guidance of Chokyi Nyima Rinpoche we have been working on the design for a 'prototype' retreat hut. The design is simple and well insulated and will be located in a secluded spot chosen by Rinpoche.



We have a volunteer for the design and skilled help for the build, so the hut can be made for the cost of the materials. One student is generously helping with funding to get the build started but we need people to help sponsor doors, windows, insulation, composting toilet, meditation deck, wood stove and small cooking area. If you would like to support this wonderful project please contact David national@gomde.org.uk If anyone has interest in completing retreat in the hut please contact Paulette regarding availability. With just a little financial help Gomde's first retreat hut could be functional by the early spring- remember even small drops help to fill a big bucket so any help you give contribute to Rinpoche's wishes becoming a reality!

May all the activities here at Gomde Lindholme Hall benefit many beings and may all true teachers live long.

Team Gomde November 2010