



---

Lindholme Hall, Lindholme Island, Hatfield Woodhouse, Doncaster DN7 6DT  
Telephone: 01302 842503

Web: [www.gomde.org.uk](http://www.gomde.org.uk); E-mail: [national@gomde.org.uk](mailto:national@gomde.org.uk)

21<sup>st</sup> November 2009

Dear Friends,

I suppose this is a rather momentous newsletter in that it is the first newsletter that has been written from our new Gomde, here at Lindholme Island.

As many of you know, with the help of some valiant volunteers, we moved here on 6<sup>th</sup> November, unpacked (a little) reshuffled (a lot) and received our first guest on 9<sup>th</sup> November, the 10,000,000 day of La Bab Duchon.

Lama Tenzin Sangpo, the resident Lama in Gomde GA, arrived on 11<sup>th</sup> and our first practice week end commenced on 13<sup>th</sup>!! It was delightful to have many of you gather here together for the first time at Gomde UK, there was a great sense of rejoicing and fullness that permeated the whole week end. Lama Tenzin skilfully guided, taught us and, as directed by Chokyi Nyima Rinpoche, over the days he was here Lama Tenzin completed practices to benefit and bless the land.

We are delighted to announce that Chokyi Nyima Rinpoche has agreed come to Gomde UK, in January 2010 to inaugurate the Estate. The dates are not yet fixed but it is likely to be over the week end of 9<sup>th</sup> and 10<sup>th</sup> January and he will stay approximately 3 days.

We are overjoyed that Rinpoche is able to visit so quickly after we have taken up residence; indeed the visit is only a little over 6 weeks away- 45 days to be exact and counting.....

This of course brings us to our next phase, preparing for Rinpoche's visit.

Many of you have said you would like to help... at the moment there are 3 of us living at Gomde (Marla, David and Paulette) we certainly hope you will join us in the coming weeks to prepare as it is clear there is too much for 3 people alone to complete. We have prepared a list in some detail so if you can help, you can choose a task you feel interested in or just that you feel able to help with. This is the 'outside tasks list' which we feel should be completed during November and early December.

1. Creating paths through wooded areas (not accessible to tractor/contractor) so that Rinpoche can explore all aspects of the land. Using bladed petrol strimmer, hand tools to supplement strimmer and clearing fallen vegetation.
2. Clearing area near pond and orchard using petrol blade strimmer and hand tools.
3. Hunting for fallen wood in the forest areas, chain sawing, chopping wood, stacking wood chopping kindling. Vital to keep our energy costs down. We are also installing a wood burning stove in Rinpoche's (beautiful, majestic but also cold and drafty room) so we need LOTS of wood to keep Rinpoche warm in January!
4. Reclaim old store room as laundry and vegetable store:  
Remove present contents, prep for a basic coat of paint, painting, plumbing washing machines, fixing shelves, organise area.



Essential to the functioning of the house.

5. Rearranging:

- a. coal store clear and build a wooden divider to create a workable space
- b. wood store clear to make a work space and space to store wood

6. Paint store house doors

7. Sweeping, cleaning and painting snooker room floors and walls. Remove radiators.

8. Cut back trees on drive leading to front door, clear drive area of leaves, and weeds, mend broken wooden edging and generally make entrance at front door tidy and clear. This is the entrance we will use for Rinpoche.

9. Putting up flag poles – digging holes and fitting flag poles. 10 flag poles to be erected along the edge of the formal gardens to the south

During these preparations we also need people to help with cooking and cleaning so we are sure there will be something for anyone who wants to help!

In addition to lots of work, we have 2 x 1 hour practice sessions a day to help give us a proper base and motivation for all our activities here.

We are here most days until Rinpoche's arrival so please come and visit and HELP! We need you! Gomde needs you..... come for a day, a week end or during the week.

As Rinpoche said:

*"We want everyone, in whatever way they want, to be part of this international centre for study and meditation"*

45 days and counting so please come and visit with us here at YOUR Gomde!

Rangjung Yeshe UK